



# South Shore Dancers

December, 2022



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## Next: 'White Christmas', Dec.10<sup>th</sup>

As we enter the "Mid-holiday" season (between Thanksgiving and Christmas), it is time to find the next hole in our belt buckles. Or dance a lot. We'll try to help. At our December dance, we'll have a **Salsa** lesson with **Paul Hughes** ably assisted by **Judy Silverstein**. Join us for that at 7:00.

Music will be provided by **Tom Osterland** at 7:30. He will include music to chase away the chills and fill the prescription referred to above. The program will include a couple of line dances and a couple of mixers and ladies' choices to give chances for all to dance.

The South Shore Dancers will provide water, coffee and tea. Again, we invite our guests to contribute snacks and/or sweets for our table. Back in the 'day' SSD was known for the quality & quantity of our goodies. Covid was a bump in the road. We ask for your help to resume this tradition. The variety was appreciated by all.

**Reservations are required to get the discounted price of \$12** for SSD Members and USA Dance Members. For all others, admission will be \$14. Email us at **Tickets@SouthShoreDancers.org** or call Tom at 781-659-4703. **Please DO NOT REPLY to this email with your reservation.**

## Our New Year Celebration: Sun. 1/1

As in the past, we have observed the New Year on the "day of" instead of NYE when everything is more expensive. Traffic is worse. Some folks prefer not to join the "crazies" on the road. SSD always likes to offer choices. If you want to have two parties, you can do that. Then you don't have to decide which outfit to wear; wear both.

We will start at 7:00 and have elegant appetizers passed by our catering staff. Suggested attire is "**black tie optional**". What that means is: go as formal as you want. If you have the tux and gown and are looking for an occasion to wear them, SSD is here for you. We will also bring back **The Grand March**. No partner needed.

We are holding the line on ticket prices at \$40. Our caterer has stayed the same on their price so we will too. But we will need money in advance so please plan ahead and get your check to us by December 26<sup>th</sup>; that's when we have to tell the caterer how many to feed.

## Lend A Hand Donations



We are again collecting donations for the [Patriot Ledger Lend-a-Hand campaign](#). Last year, we raised a **donation of \$2,067.00**, including SSD's match of \$500. We plan again to match the first \$500 and hope to top last year's total. Collection boxes will be available at both of our dances. Donations may also be mailed in (SSD, PO.Box 276, Norwell, MA 02061) up until Christmas Day. We will write a single SSD check to consolidate your gifts

so please make your **check payable to South Shore Dancers**, with Lend-A-Hand indicated in the memo block. Thank you in advance.

# November Dance: *Sports Night*: A Great Crowd

Where does it say to wear a Redsox jersey to a Rumba lesson? Answer: when SSD mixes two themes. Starting with a Rumba lesson, **Marie Osterland** added a hitch to a figure familiar to many of us. We saw many couples trying the combination with and without the hitch; a tricky lead, eh?

Lots of folks joined in for both themes judging by the variety of sports apparel we saw.

Marie then handed off to DJ **Tom** who played Rumbas and other stuff. He provided usual playlist of music including our favorite rhythms along with line dances, mixers and ladies choice dances.

## Other Upcoming Dances:

### Norwood Sunday Dances Dec. 4<sup>th</sup> and 18<sup>th</sup>

**Paul Hughes** and **Judy Silverstein** are continuing their program of dances on the first and third Sundays of the month at the Norwood Knights of Columbus Hall, 572 Nichols St. in Norwood. Dance music from 6:00 - 9:00 pm. Snacks and beverages are available. Admission is \$15 per person. For information, call 617-759-1568 or go to [www.norwoodsundaydance.com](http://www.norwoodsundaydance.com) for the latest schedule.

### Roseland Dances Dec. 11<sup>th</sup> and 25<sup>th</sup>

## Salsa Dancing History

Contributed by Martha Cobb Kelly

Salsa dancing was primarily developed by Puerto Ricans and Cubans living in New York in the late 1960s and early 1970s. It is a partnered dance where the leader takes the follower through a series of spins and turn patterns to music. The two main styles of salsa are linear and circular. In linear salsa, dancers remain in their "slot", switching places from side to side like West Coast Swing. In circular style dancers circle around each other, like East Coast Swing. Originally a street dance, salsa dance steps were more formalized once schools opened teaching how to dance salsa

One of the early influential instructors in salsa was Eddie Torres, who helped formalize the timing for New York-style salsa and popularized the style around the world. Salsa dancing is an international dance that can be found in most metropolitan cities in the world. Its tempo ranges from about 80bpm (beats per minute) to around 200bpm, although most dancing is done to music somewhere between 130 and 180bpm.

**Salsa Rueda** which dates to the 1950s or more accurately Rueda de Casino was developed in Havana, Cuba. Pairs of dancers form a circle ("Rueda" in Spanish means "Wheel"), with dance moves called out by one person. Many of the moves involve rapidly swapping partners.

## Ballroom Terminology

Contributed by Martha Cobb Kelly

**Inside Foot:** The foot which is closer to the partner when in Promenade, Outside Partner, or Side-by-Side Position.

**Outside Partner:** A variation of the Closed Position where the tracking of the leader and follower's feet are slightly offset. When in Outside-Partner Position, the person moving forward will step in CBMB, to the partner's right or left.

**Promenade Position:** A V-shaped dance position where both leader and follower move forward and in the same direction, towards the open end of the "V" The follower's inside foot is slightly behind that of the leader.