



# South Shore Dancers



February, 2024

## SSD DIRECTORS

Martine Anderson  
Martha Cobb Kelly  
Mary Coutts-Tobin  
Kevin O'Brien  
Marie Osterland  
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Joan Paquette  
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Property Administrator  
Joan Paquette  
Contract Administrator  
Kevin O'Brien  
Webmaster  
Martha Cobb-Kelly

## “Be My Valentine”- February 10<sup>th</sup>

Our February dance will feature **John Peters** in a dual role.. He will get us going with a **Rumba** lesson at 7pm. When that is done, he will put on his DJ hat and provide some Rumba music and a full spectrum of other excellent ballroom, Latin and swing music to keep us warm. His program will also include a couple of line dances and ‘Lady’s Choice’ dances.

Winter is nearly over, folks, so let not heart grow heavy or your feet get cold.

Make your reservations by email to [Tickets@SouthShoreDancers.org](mailto:Tickets@SouthShoreDancers.org) or by calling Tom at 781-659-4703 Ticket price is \$14; \$12 for Members with reservations.

Enjoy our snacks and sweets table as well as coffee in the foyer between dances.

## Other Upcoming Dances:

**Norwood Sunday Dances Feb. 4<sup>th</sup> and 18<sup>th</sup>** at the Norwood Knights of Columbus Hall, 572 Nichols St. in Norwood. Dance music from 6:00 - 9:00 pm. Snacks and beverages are available. Admission is \$15 per person. For information and schedule updates, call 617-759-1568 or go to [www.norwoodsundaydance.com](http://www.norwoodsundaydance.com).

**Roseland Dances: Second and Fourth Sundays** at the Roseland Ballroom, 174 Broadway in Taunton, MA. Dance music from 1:00 – 4:00pm

provided by D.B’s band on Feb. 11<sup>th</sup> and by Ray C. on Feb. 25<sup>th</sup>

## SSD – “Winter Go Away” Saturday, March 9<sup>th</sup>

**Audrey Jean Samara DiBona** joins us to teach some **Foxtrot** at 7pm. Tom Osterland will provide the music.

## Gene Cobb – We Will Miss You

South Shore Dancers is mourning the loss of its Chairman and dear friend, Gene Cobb, who succumbed after a courageous but all too brief battle with cancer. We all offer our sincere sympathy to his wife, Martha, and his family. We will sorely miss his good humor, contributions to our Club and his grace on the dance floor.

# Ballroom Terminology

Contributed by Tom Osterland for Martha Cobb-Kelly

**Picture Line:** A variation in a smooth dance in which the dancers pause their travel for one or more beats of music and change the shapes of their upper bodies over that interval. Example:

**Oversway:** Beginning in promenade position, weight on their forward foot, the couple stops travelling. They gradually transition from a position looking in the direction of travel to a more backward looking position while maintaining their relative dance position and keeping their weight on the forward foot. At the end, they rotate the standing leg and lower the hip to bring the trailing knee forward to change weight to the trailing foot and continue their dance. It sounds ugly and awkward but, when done well, it is lovely.

## History of Rumba Style Dance

While most of the references to Rumba point to Cuba as the source of the dance style, looking further back points to Africa; more specifically to the Congo region. It was imported to Cuba by mostly “involuntary migration”. The music is still popular. The dance is also popular and has been codified in two forms: American and International styles.

The American style was adapted by the franchise studios and is therefore based on the ubiquitous “box-step” with many variations. The music is played at a tempo nearly the same as the current African style music, from 28 to 36 measures per minute. The International style is more open and flowing. The music is generally slower, from 22 to 27 measures per minute. Both styles are represented in competitive dancing: American style as a member of the Rhythm category and International style as a member of the Latin category.

